



San Diego
Psychological
Association

Speaker Service

“Education for the Community. Expertise for the Media”

Below is just a sample of some popular topics for your presentation needs:

Child/Adolescent Issues

Does My Child Have ADHD?
Children Who Won't Talk
How to Help Children With Anxiety
Symptoms of Child Abuse
Getting Control of Out of Control Teens
Kids Who Cut Themselves
Working with Children with
Developmental Disabilities
How Common are Learning Disabilities?
Behavior Problems at School

Family Issues

Issues with Adoption
Caring for an Elderly Parent
Mitigating Effects of Divorce on Children
Ending Domestic Violence
Are You Ready for Marriage?
Happy Couples Communication Parenting
Skills 101
Step Families: How to Adjust

Psychological Issues

Managing My Anxiety and Worry
Coping with Grief
Bipolar Disorder or Just Moody?
Phobias: What is Normal?

Communication Skills

Anger Management Techniques
How to be More Assertive
10 Steps to Improving Communication
Conflict Management
Overcoming Shyness

Health and Wellness

Understanding AIDS
Caring for Someone with Alzheimer's
Coping with Chronic Illness
Holistic Health
Hypnosis: What is it Used for?
Pain Management Techniques
Smoking Cessation: What Works
Getting Weight Under Control...Really!
Stress & Heart Disease

Addictive Behavior

Adult Children of Alcoholics
Identifying Codependency
What are Compulsive Behaviors?
Eating Disorders: Myths and Realities
Internet Addiction
Substance Abuse

Workplace Psychology

Survive and Thrive at Work
Deciding About Changing Careers
How to be a Good Leader
Creating Emotionally Healthy Workplaces
Occupational and Vocational Guidance
Improving Workplace Productivity
Team Building Ideas

Other

Getting Through the Holidays
The Ups and Downs of Internet Dating
Positive Psychology
Psychology as a Profession
Can Happiness Be Learned? – Yes!
Establishing Self-Esteem
The Art of Resiliency